

Palm Beach County urologist seeing false PSA levels in men due to COVID vaccines

by Lena Salzbank
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PALM BEACH COUNTY, Fla. (CBS12) —

Prostate cancer is the most common cancer in men, diagnosed with 243,000 estimated cases for 2021.

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For men heading into the doctor's office for their annual exams, Dr. Diego Rubinowicz, a urologist in Palm Beach County, says you may get a false PSA reading.

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The blood level of PSA in men is often elevated when diagnosed with prostate cancer, but Rubinowicz says research is showing if you recently got your COVID-19 vaccine, PSA levels could be temporarily elevated.

Dr. Rubinowicz recommends delaying your PSA test a few weeks after your most recent COVID-19 vaccination and/or going for a second PSA test if you and your physician are concerned about a false elevation.

The month of June is men's health month, and doctors across the country urge patients to stay on top of their annual exams.

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