* Health/Science: BOOK REVIEWS (Wed.27 Jan. 2021; Last Updated: Mon.27 Dec. 2021) Follow-up to our Wed. 27 Nov. 2019 coverage, below, of 2X Near Death Experiencer, Kevin F.F. Montague, scholar, scientist, & twice a guest on Coast to Coast: AM. We give a book review to his 4 books: (1) The Master's Key to Unlocking and Mastering Chronic-Disease; (2) PROSTATE RELIEF NOW! (e-book); (3) Take Back Your Power: Review of Dr. Robert C. Beck's micro-currents research; and, (4) Special Healthcare Report: How to clear/control Rosacea, skin blemishes, & aging spots naturally, as well as address Nasal & Ear Colonics naturally with common household items.

Note to the reader – this is a book review on FOUR (4) different books, and, thus, is being completed incrementally.

- ** NOTE: There is FREE stuff included. Book review to be updated incrementally available in 3 formats:
- ** PDF format ** HTML webpage ** Word .doc **

This review done by Gordon Wayne Watts, Editor-in-Chief, *The Register* (https://GordonWatts.com / https://GordonWayneWatts.com)
National Director, **CONTRACT WITH AMERICA: PART II** https://ContractWithAmerica2.com

A.S. United Electronics Institute, VALEDICTORIAN

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"Conflicts of Interest" DISCLAIMER: I am not being paid to do these book reviews. (But, all donations are being accepted: See the 'donations' link in the front-page news of of eponymous and namesake website, https://GordonWatts.com or https://GordonWatts.com in the top-left corner of the page.)

Kevin F. Montague's 4 books:

[[#1]] "Master's Key": Three versions

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[1c] I desire THE MASTER'S KEY as a printed SOFT-COVER BOOK! Take me to BookBaby.com to place my order! https://Store.BookBaby.com/book/The-Masters-Key-to-Unlocking-and-Mastering-Chronic-Disease Landing page to purchase products: https://PayHip.com/KFFMenterprises

The Master's Key news coverage: https://KFFMenterprises.com/the-masters-key/

Coast to Coast: AM news coverage: https://www.CoastToCoastAM.com/guest/montague-kevin-103510/

Kevin Montague's landing page for news coverage of products: https://KFFMenterprises.com

His other 3 books:

[[#2]] Prostate Relief, 282-page e-BOOK: https://PayHip.com/b/uf46

[[#3]] TAKE Back your POWER, 60-page e-BOOK: https://PayHip.com/b/Czm9

[[#4]] Special Healthcare Report, 16-page e-BOOK: https://PayHip.com/b/OiJs

Book Reviews in <u>reverse</u> order of size—so that we get the little books "out of the way," first:

[[#4]] Special Healthcare Report, 16-page e-BOOK: https://PayHip.com/b/OiJs

Researcher, Kevin F. Montague, has been researching health & chronic diseases for over 15 years, prompted chiefly because his doctors told him to go home and die after a chronic disease that, quite frankly, baffled them.

While we all know that antibiotics can save lives, Kevin reminds us, in his book, that most drugs only mask or "cover up" symptoms: As but one example to prove Kevin's accuracy, think of most or all pain-relievers: They kill pain (symptoms), but do little or nothing to cure the underlying problem. All the same, Kevin is not "down" on "Western" medicine: Indeed, he recalls that, when he was in his 20's, he read of the legendary Edgar Casey, who, when he was the understudy of Dr. Arthur Lammers (a wealthy printer and theosophy & metaphysics researcher), told his mentor that we need ALL the healing arts to help the body get well, e.g., both Eastern, Western, conventional, and alternative. (And, I agree.)

Kevin's research identifies three (3) key areas of injury, harm, or disease: Traumatic injury (trauma, e.g., gross physical damage/ injury), congenital (genetic or physical birth defects), and chronic disease processes (the forte of his research). While chronic disease is affected by environmental pathogens (germs) and toxins, nonetheless, the biochemical programming of the human body, which appears to be designed to preserve the body's life force energy, while goes into the death/dying process, is a more fundamental concept that helps build the foundation for understanding Kevin's research – which, by the way, worked just fine in practice (and not just in theory): He was given up for dead by doctors, and yet is still here today, thus giving credence and credibility to his research.

Kevin claims that you can learn how the body does this, and then know what to use to reverse the death/dying processes in your own body through all the holistic health practices, as outlined in his flagship book, THE MASTER'S KEY. As I graduated with a double majors, with honours, in the life sciences (see my opening statement, above, and repeated below), I am qualified to give his claims a books a professional, peer-reviewed analysis:

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Moreover, as I've documented that America has much "worse" health metrics (cancer, life-spans, fertility disease, etc.) than MANY other countries, I think it's "high time" to take a closer look at Kevin's "cutting edge science" research:

Gordon's research:

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Kevin's research, continuing...

*** Kevin tells how he Cleared & Controlled ROSACEA Naturally ***

As Kevin neared his 50TH birthday, he started to develop Rosacea, but even after changing the shower filter (to filer out the chlorine in the city's tap water), the condition on his face wouldn't stop happening, and then—after a few years—it REALLY started to get bad! So, he whopped out some science to address it—based on his research into the chronic disease processes of organic life. He got THESE two products:

(#1) Green Soap (a gentle, user-friendly soap, which is used by surgeons to help clean their hands of bacteria, before

they put on latex gloves & do surgery); he says that if he was unable to get green soap, he was able to use DIAL GOLD bar soap or DOVE bar soap, both sufficiently very alkaline—at a pH of 9.0 on his electronic SPER ADVANCED pH meter when tested: He says that want high alkalinity when helping to clear your Rosacea; and, (#2) Liquid DMSO (99% pure liquid), e.g., Dimethyl Sulfoxide, and USP-grade, no doubt.

(#3) He reports that did this once a day OR, at least, every 72 hours.

He put on a healthy dose of green soap (available at places like Amazon.com), and – if his Rosacea was REALLY bad (in the early stages of the treatment), he left the soap on his face for a few minutes, before washing it off with warm water & a rag. Then, he let his face dry for 5—10 minutes.

Kevin claims that the Rosaea is formed from the biological decomposition alluded to earlier, which attracted a lot of "opportunistic" bacteria & other parasites from our polluted environment & atmosphere. Kevin reminds the experts (and informs the newbies) of one basic truth: These bacteria & parasites will start to die when exposed to high alkalinity. (High acidity, I will add, also kills them graveyard dead, but I suspect there would be major side-effects if you tried using the "acid" method, so, let's just steer clear of that one, shall we?) The DMSO is the next phase...

Kevin reports that, in Los Angeles, near where he lives, as of the date of his report, that pure DMSO liquid was, apparently by FDA edict, taken off the shelves of the main "commercial health food" stores. Oddly-enough, he reports that you can still get DMSO at smaller "ma and pa" shops, as well as off the Internet, e.g., at places like Amazon.com. (I will add: I also vividly recall reading numerous reports of **pure** DMSO being used quite successfully to treat many chronic pain conditions.) He claims that any time the FDA takes things like this off the shelves, it's because they finally learn the product really works and they want to control it, so they can make money off the product. While I personally believe that to be true, it's also true that DMSO has once VERY dangerous property: It can seep into the skin very easily, and—if contaminated with a toxic substance, like a heavy metal or other poison, can be a vehicle to "draw in" the passenger chemical. So, if you use DMSO for anything health-related, you must check with your healthcare provider first.

Along those lines, it is well-known that DMSO has anti-inflammatory properties, and Kevin makes use of the "carrier" properties (mentioned above) to use DMSO as an MEC "delivery tool": "MEC" stands for "Molecular Electron Carrier," which you can learn about by reading his book, THE MASTER'S KEY, one of four books being reviewed by this reviewer.

After he removed the green soap, and let his face dry sufficiently, Kevin then lightly sprayed his face with the pure DMSO liquid.

WARNING! If your Rosacea is very involved, you'll feel some uncomfortable burning on your face for few minutes, as the DMSO goes to work on your degenerated tissues with your initial treatments. The burning is normal; nothing bad is happening to your tissues, but if you aren't use to this, you might get frightened. Don't be: It's perfectly normal and a "healing crisis" taking place, which means your condition will get a little worse before it gets better. Kevin reports that he's been using this approach to control the Rosacea on his face for ten years, as a scholar & scientist, and, more-importantly, that burning greatly lessens with each treatment, until there is no more burning, once all the tissues have healed. Expect scabbing to form as the tissues heal. The scabbing will slough off on its own. Don't pick the skin!

Kevin says that you might want to start out slow, with treatments only every 72 hours, at first, and then getting more frequent, as you get used to the treatment. He also reports that you don't have to change your diet to get the benefits of this treatment—but, I'll add: A healthy diet doesn't hurt anything!

He also believes that if you're a man & have black spots on your testicles, that these may be related to blood clots in the surface arteries of the scrotum. He believes that these can be cleared & dissolved in about 60 to 90 days, maybe sooner, with an application of DMSO, once a day, followed by an antibiotic like Neosporin, which has three forms of sulfur delivery in its formula. However, as this is a "sensitive" area of the body, I repeat & reiterate my caveat, disclaimer, & general warnings: Don't do ANY medical self-treatments, especially something like this, without approval & consultation of your healthcare provider.

BIOCHEMISTRY LESSON: As an aside, Kevin claims that when liquid DMSO comes into contact with the skin, it breaks apart into di-methyl sulfate and an MEC known as "singlet oxygen," which carries an extra electron charge to it—meaning it donates electrons to the cells. As further outlined in his flagship research book, THE MASTER'S KEY, one of the main keys to biochemical regeneration is adding "light" load back to the body through increased electron flow into the body. Drugs, generally-speaking, don't do this, but, rather, they do just the opposite, and take life away, treating only symptoms, and not underlying causes. He also claims that the sulfur in the DMSO is also good to rebuild the collagen of the skin, which has broken down from the body's decomposition process. This seems very reasonable, to me, a biochemistry major, as sulfur is a MAJOR key player in the body's building blocks. Along those lines, both Kevin and I agree on one thing: You would do VERY well to add onions and garlic to your regular diet, in order to rebuild your body's sulfur levels. (Speaking only for myself, I love both.)

NASAL COLONICS

INTRODUCTION: We live in a very polluted world these days—due to, among other things—industrial pollutants, and these pollutants are constantly breaking down the ozone layer, necessary to protect us from excess harmful UV (ultraviolet) sunlight. (We need **some** UV rays for various purposes, and it's not at all harmful—especially the C-band—if done in moderation.) Kevin adds, as an aside, that he believes that the numerous hurricanes & storms in the 1990's was the earth's response to boost electron load in the atmosphere, in order to regenerate the ozone layer, which, as we all recall from recent news reports, was very badly depleted from numerous pollutants, not the least of which included CFC's (Chlorofluorocarbons, found in aerosol sprays) atmospheric pollutants. (This makes sense to me, a person of faith: If there is a 'God', then it seems reasonable that He would put this into the earth's programming. Indeed, thunderstorms, replete with lightning bolts, are a chief means to replenish Ozone levels. Electrical arcs, as well as strong sunlight, are several means to generate O3, that is, ozone, which we have severely depleted, and—if this is true—then all those killed in these hurricanes are our fault: We depleted the ozone, thus provoking the increase in hurricane activity as a de facto "self-defense" mechanism to replenish earth's depleted ozone.)

POLLUTION: These atmospheric pollutants have not only caused great damage to earth's ozone layer, but also has increased COPD, including, but not not limited to, emphysema & asthma. Los Angelas, California, near Kevin's home, is quite bad in this regard! He uses an "ionic breeze" machine, which uses electrically-charged plates to trap atmospheric pollutants, and thus clean the air—while also adding to the ion load, the same phenomenon we all recall smelling after a heavy thunderstorm: Strong lightening causes negatively-charged ions, which give the air that characteristic sweet smell after the storm.

When the body encounters a lot of air pollutants, it creates what western medical doctors call a "post nasal drip," which drains to the back of the throat, from the nasal passages. Oft-times, our nasal passages get infected by bacteria or protozoa from contaminated air. When the para-nasal system tries to drain itself into the back of the throat, the infection travels into the lungs, thus infecting us, and promoting the need for antibiotics to clear the infection.

KEVIN'S SOLUTION TO THE POLLUTION—here are the ingredients he used:

- (#1) Eight (8) ounces of body temperature water (98.6° Fahrenheit); and,
- (#2) One-quarter (1/4) teaspoon of sea salt or table salt.
- (#3) He reports that did this as often as he needed to flush his sinuses.

He reports that he mixed #1 and #2 together, allowing a few minutes for the salt to dissolve in the water. I would add: Were it me, I would probably use MORTON® brand "Lite Salt" (TM, e.g., registered trademark), instead—which is roughly a 50-50 mix of NaCl (Sodium Chloride, e.g., table salt) and KCl (Potassium Chloride), simply for variety. But that's just me. You can buy MORTON® "Lite Salt" TM at your local Wal-Mart for real cheap. Kevin says that he then just uses his hand as a "cup" and "sniffs" the salt water OR dips a cotton ball into the salt water, and lets it drip in his nose, by gravity, as his head is tilted back. He draws the saline solution into his sinuses and then into the back of his throat before spitting it out. Since salt is known to kill many organisms (think: the Dead Sea is sometimes known as the "Salt Sea," hello?), this is a simple "household remedy" to kill nasal protozoa and bacteria.

EAR COLONICS

Kevin claims that one can lose his or her hearing from an excess wax buildup in the ear OR by infections created by pathogens from the environment. In either case, here's what HE uses to clean his ears:

- (#1) Three (3%) percent hydrogen peroxide solution; and,
- (#2) Cotton balls; and,
- (#3) Q-tips with cotton swabs.
- (#4) BONUS: He also sometimes supplements this with DMSO.
- (#5) He reports that he cleans out his ears, using this method, as often as needed, but, usually, just every 6 to 8 weeks.

All he does is merely wet a cotton ball with 3% peroxide, lie down on his right side (if treating his left ear), and (using a pillow for support, if needed), drip the peroxide into his ear, until full of peroxide, letting it bubble for about ten (10) minutes. Anyone with an inkling of science knows that H2O2 (Hydrogen Peroxide) kills bacteria and germs, causing a bubbling reaction, in the process. He reminds us that, as this may effect the ear's equilibrium, anyone doing this (only under the care of your healthcare provider, of course) should get up slowly, and remember that you light lose balance for a short time. Then, he uses a Q-tip to carefully clean out what remains. (I add: I recall that healthcare professionals have routinely said to NOT place a Q-tip "inside" your ear, which is another reason to never do any of this stuff, yourself, without first running it by your healthcare provider.) In addition to all that, Kevin reports that he sometimes puts some DMSO onto a Q-tip, and carefully coats the inside of his ear with it, in order to reverse any Rosacea in his ear canal, and also to protect his hearing from side-effects of Rosacea. In fact, in his report, he has numerous pretty illustrations of the ear and other things (omitted here for brevity).

CLEARING SKIN BLEMISHES & AGING SPOTS

Kevin has also dealt with skin blemishes & aging spots, and claims that "singlet oxygen" (that is, ${}^{1}O_{2}$, in its 1ST excited state, a metastable state, with no unpaired electrons) is one of the most effective electron carriers for delivery of electrons to the cells, in order to reverse the chronic disease process and make the cell membrane whole. While I do recall research finding that singlet oxygen can damage electron transport, I was not aware that it could also help it, but, given that it does affect electron transport, I am open to the possibilities. In any event, this allotrope of oxygen is highly unstable, and, thus, very reactive—and, in plants, is primarily generated as a byproduct of the PSII RC (photosystem II reaction center) and the LHC (light-harvesting antenna complex) inside the GC (grana core), and powered by the energy received from sunlight. Singlet oxygen is also a powerful oxidant (opposite of anti-oxidant). In humans, however, singlet oxygen can be formed by CYP-catalized hepatic microsomal oxidative reactions—a topic outside the scope of my book review (but thrown in to be balanced & complete).

SINGLET OXYGEN & CANCER RESEARCHED:

However, as P. Gregory writes in a 2003 paper, "Applications of Coordination Chemistry" (and published in the chemistry references textbook, "Comprehensive Coordination Chemistry II," edited by Jon A. McCleverty and Thomas J. Meyer): "The most important application for singlet oxygen generators (SOGs), namely the anti-cancer treatment known as photodynamic therapy (PDT), is described elsewhere in this series (see Chapter 9.22)."

LINK: https://www.ScienceSirect.com/topics/medicine-and-dentistry/singlet-oxygen

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See also: https://www.ScienceDirect.com/topics/medicine-and-dentistry/photodynamic-therapy

More to-the-point, however: Kevin, when clearing his **own** skin blemishes & aging spots, uses thirty-five (35%) percent food grade peroxide, which he reports is great for going after ulcers of the skin—but warns that this treatment is NOT applicable for for people who are generally unhealthy and/or whose bodies have entered into the chronic disease process. (If that's you—and you still want to try this, fine, but you'd have to get up-to-speed on his "flagship" research, THE MASTER's KEY, and then talk it over with your healthcare provider, first, in order to clear your body's living water systems first, AND before you can properly treat your skin and clear it of its blemishes.) Anyhow, here's what HE uses:

- (#1) Standard commercial chlorine bleach –same as you use to wash your; and,
- (#2) Thirty-five (35%) percent food grade peroxide—very strong stuff, I might add; and,
- (#3) Cotton balls.
- (#4) He treated his skin conditions once a day, when he used this method.

Before we get going, here's the chemical reaction that he got when he did this:

$H2O2 + NaOCl \rightarrow O2(1\Delta g) + NaCl + H2O$

In other words, the reaction of hypochlorous acid (NaOCl) and hydrogen peroxide (H2O2) produce the very reactive singlet oxygen, along with table salt and water. (Kevin is very smart, and it's taking all I have to just give his book review a fair shake.)

Basically, all Kevin did was soak a cotton ball with some chlorine bleach, and—after squeezing a little out to make it just a damp cotton ball, he applied it onto his skin, and waited a few minutes. Then, he simply got a 2ND cotton ball of Hydrogen Peroxide, and applied it to the same area—which (as you might imagine) results in a fizzing reaction, producing "singlet oxygen," the key player here. Needless to say, this kills germs & bacteria "graveyard dead," but Kevin said that if this is done to ulcerations, it would need like ninety (90) or so days in a row to be effective.

His point, here, is that these things increase the "electron load" (or: "light load," electrons being one form of "light" by the strict definition), which promotes the healing processes. Kevin claims that Stephen D. Smith's research showed that regrowing limbs of salamanders could be done by increasing the "electron load" into the body tissues using a combination of silver and platinum wires placed along side the lost limbs of the salamander. And also adds that just as plants use sunlight to grow (photosynthesis), likewise humans use light (electrons being a form of light energy) to reverse chronic disease, start healing, and as further explained in his flagship research book, THE MASTER'S KEY, which—at 411 pages, is WAAAY longer than this simply 16-page Healthcare Report. I add: If we learn this much from his 16-page book, think what you can learn from his other three (3) books, each much longer.

To purchase this, Kevin F. Montague's Special Healthcare Report, 16-page e-BOOK: https://PayHip.com/b/OiJs

*** FREE ***

Surprise! Here's something FREE from researcher, Kevin F. Montague: When asking him about a PDF "unlock code," he said I could "share that report with others freely" in two different replies:

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Archive-2:

 $\underline{https://Web.Archive.org/web/20210212064938/https://gordonwatts.com/SpecialHealthcareReport001KevinFMontague2017.pdf}$

[#3] TAKE Back your POWER, 60-page e-BOOK: https://PayHip.com/b/Czm9

My next book review is on Kevin's 60-page e-BOOK, "TAKE Back your POWER," which is, in turn, Kevin's own review and research of Dr. Robert C. "Bob" Beck's micro-currents research.

Dr. Bob Beck is legendary in the field of bio-electric current research, and—if you need a refresher, it might be good to Google him and/or check the websites, below. Additionally, the legendary "Beck Protocol" consists of four parts which Beck claims, working together, help the body to heal itself:

((#1.)) Micropulsing, also known as "blood electrification" or "blood cleansing"—using microcurrents; and,

((#2.)) Pulsed Electro-Magnetic Fields (PEMF); and,

((#3.)) Ionic (this is, Colloidal) Silver liquid solutions; and,

((#4.)) Ozonated Water.

LINK: http://www.BobBeck.com

YouTube: https://YouTube.com/TheBobBeckProtocol

YouTube about: https://www.YouTube.com/user/TheBobBeckProtocol/about

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Archive-2a – older: https://web.Archive.org/web/20210124053850/http://www.bobbeck.com/ Archive-2b – newer: https://web.Archive.org/web/20130523102919/http://www.bobbeck.com/

See also: https://EarthPulse.net/bob-beck/

See also: https://www.ElectroBiotics.com/Dr.-Robert-C.-Beck
See also: https://files.meetup.com/574112/electric%20medicine.pdf
See also: https://www.YourHealthByDesign.com/dr-robert-c-beck-info/

See also: https://www.Bob-Beck-Protocol.be/downloads/beck-protocol-handbook.pdf

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Anyhow, here is my review of Mr. Montague's book, which, in turn, is a review of Dr. Beck's work:

At first glance, the four (4) protocols seem simple enough to build, except—possibly—the fact that a good deal of time and attention must be spent on tracking down the numerous building blocks or components, and then time must be spent assembling them. Also, while this undersigned researcher and book-reviewer (myself: Gordon Wayne Watts) does not feel any major threat regarding any of the 4 protocols, I would like to repeat my legal disclaimer and caveat to check with your healthcare professional AND to do your due diligence in your own research hereto. (Plus, said research will probably be 'fun', even if somewhat time-consuming.)